

RETREAT *in the* PINES



36th Annual ACA Retreat

www.ACA-Retreat.org

Friday

Sept, 8th, 2023

- 2:00 Pav Arrival & Registration
- Pav ■ Scavenger Hunt begins
- 2:30 - 3:30 VC ■ Guided Hike
- 3:00 - 4:30 CC ■ Low Ropes
- 3:45 - 5:00 OC ■ ACA Meeting - Men
- LH ■ ACA Meeting - Women
- MH ■ ACA Meeting - Women
- 5:00 - 6:00 DH ■ Dinner
- 6:15 Pav Scavenger Hunt ends
- 6:15 - 7:15 LH ■ Orientation & Intentions
- 7:30 - 9:30 MH ■ Loving Parent Takes the Laundry Out
- 8:00 - 9:00 LH ■ ACA meeting - Open
- 8:30 - 9:30 Pav ■ Stroll to Lookout Point
- 8:30 - 10:00 FC ■ Campfire & Jam Session
- 8:30 - Midnight DH ■ Game Night

Saturday

Sept 9th, 2023

- 5:40 - 7:30 Pav ■ Sunrise Hike & Meeting
- 6:30 - 7:30 MH ■ Guided Meditation
- LH ■ Yoga
- 8:00 - 8:45 DH ■ Breakfast
- 8:30 - 9:30 DH Day Pass Check-In
- 9:30 - 11:30 LH ■ The Wisdom of Wellness
- MH ■ Inner Oracle Deck
- 10:00 - 11:00 Pav ■ ACA Meeting - Open
- 12:00 - 12:45 DH ■ Lunch
- 1:00 - 3:00 TM ■ Reparenting With All Your Senses
- CC ■ Zip Line
- 1:30 - 2:30 Pav ■ ACA Meeting - Open
- 3:30 - 5:00 LH ■ Nature Art: Connecting the Loving Parent and Inner Child
- MH ■ Messages We Needed to Hear in Childhood
- 4:00 - 5:00 Pav ■ ACA Meeting - Open
- 5:30 - 6:30 DH ■ Dinner and Basket Raffle
- 6:30 - 7:30 MH ■ Yoga or Meditation
- LH ■ Angel Whisperer
- 7:45 - 9:00 LP ■ Candlelight Meeting
- Pav ■ Candlelight Meeting
- 8:30 - 10:00 FC ■ Campfire & Jam Session
- 8:30 - Midnight DH ■ Game Night

Sunday

Sept. 10th, 2023

- 5:40 - 7:30 Pav ■ Sunrise Hike & Meeting
- 6:30 - 7:30 MH ■ Guided Meditation
- LH ■ Yoga
- 8:00 - 8:45 DH ■ Breakfast
- 9:00 - 11:00 LH ■ Transforming Obstacles into Allies
- AR ■ Archery
- 10:00 - 11:00 Pav ■ ACA Meeting - Open
- 11:15 - 12:30 Pav ■ Closing Ceremony

*Schedule is subject to change without notice.
ACA Meetings are scheduled pending volunteers to chair*

Location & Event Key

- AR Archery Range
- CC Challenge Course
- DH Dining Hall
- FC Fire Circle
- LH Lapointe Hall
- LP Lookout Point
- MH Mesa Hall
- OC Outdoor Chapel
- Pav Pavilion
- TM The Meadow
- VC Volleyball Court

- Activity
- Workshop
- Meeting
- Dining
- Camp activity (*advance purchase required*)